



Ready-Steady-GO! Watching Party!!

It's finally out! Sylvia Trkman's 5th training DVD, on SPEED this time: Ready-Steady-GO! – or 33 Tips for More Speed! The DVD is 1h45min long and has 5 chapters, addressing Conditioning, Attitude, Games to play, dealing with Stress and making Agility training more about running.

The first half of the watching party will be watching the video, with ample time set aside after viewing for discussion with Emily and other students on how to incorporate what you saw in the video, into everyday life with your dog.

Cost is only \$20 and we'll be bringing snacks!

This Watching/Discussion Party is a MUST for anyone that would like to excel in agility or any other sport. Emphasis is on creating a great relationship first!
Emily Hurt will be leading the discussion.

Learn how to get be the most exciting thing in your dog's world, and watch your focus problems on course become a thing of the past!

When: Thursday, 12th January 7:00p- 11:00p

Want more details on the DVD? Visit:

<http://www.lolabuland.com/training-videos/speedconditioning/>

Look at the great reviews/feedback!!! Do not miss!!!